



Mullingar Parish

Cathedral of Christ the King, St Paul's,
Walshestown, Brotenstown & Gainstown

www.mullingarparish.ie

Priests of the Parish

Fr Joseph Naikarakudy
Fr Paul Crosbie
Fr Joe Campbell

Parish Office Hours

Monday - Friday, 9am - 5pm (lunch 1-2pm)
T: 9348338 E: office@mullingarparish.ie
www.mullingarparish.ie

Vigil Mass (Saturday)

Cathedral: 6pm

Sunday Mass Times

Cathedral: 8.30am, 11am, 12.30pm
St. Paul's: 10.30am, 12noon
Walshestown: 9am
Brotenstown: 10am
Gainstown: 11am

Daily Mass

Cathedral 7.45am & 10am Mon - Sat
St Paul's Church: 9.15am

Confessions in the Cathedral

Saturday 2.30 - 3.30pm

Eucharistic Adoration

8am-8pm in the Cathedral

Bereavement Support

087-6309808

Child Safeguarding Representatives

Linda Duncan & Maeve Corroon

Collection last weekend

Cathedral €4,317

St Paul's €1,448

Walshestown €172

Brotenstown €189

Gainstown €189

Parish Envelopes: €2,645

Thank you for your generous support towards the offertory collection last weekend.

Thank
You

Honouring St Patrick next Sunday

*Aifreann Gaelach san Ard Eaglais ag
11.00. Failte roimh gach cabhair!*

Shamrock will be blessed at all Masses.



A cuppa and more in Bethany:

Please join us for light refreshments in Bethany after 11am Mass in the Cathedral next Sunday.

Putting the saint back into the feast day:

We are asking children to dress up as St Patrick or one of their favourite saints and join us for Mass on St Patrick's Day in St Paul's Church at 10.30am or 12 noon. In addition, our volunteers from "Children's Gospel Stories" will have lessons about St Patrick in the family room for children aged 5-10 yrs in the family room during 10.30am Mass.

Lent: Growing in Faith

Reflection on Pope Francis' letter on 'Living in Christ Today' on five Wednesdays in Lent starting this week in Franciscan Friary at 7.30pm.

Divine Mercy chaplet every Friday during Lent after the 10am Mass in Cathedral unless there is a funeral Mass.

Evening Masses during Lent every Tuesday, Wednesday and Thursday at 7.30pm in the Cathedral.

Reflections on the Sunday Gospel every Wednesday during Lent after 9.15am Mass in St Paul's Church.

Stations of the Cross every Friday during Lent after 9.15am Mass in St Paul's Church.

Trócaire boxes are available - Lent asks us to "give up and give to others".

School confessions

⇒ First confessions for St Kenny's NS on Wednesday, 7pm

⇒ Lent confessions for pupils in Presentation Senior and St Mary's Primary School on Wednesday morning.

Other news

Pioneer Meeting, Friday 7.30pm, Bethany; thanks to all who contributed to collection; **Knights of St Columbanus**, Wednesday, 8pm, **Retired Nurses Association**, AGM, Monday, 8.30pm, Greville Arms Hotel. **ICA** meeting, Monday, 8pm, Aras an Mhuilinn.

4 steps to 12 minute prayer

Our new Parish Pastoral Team wants to help parishioners to learn how to pray. Here is a "4 steps of prayer" that we recommend for you to practice each day next week.

Praise (3 mins)

Select an attribute, name, or characteristic of God to focus your prayer. Use scripture (e.g. one of the psalms). Here we express our praise and adoration of God for his greatness. For example, "Dear Heavenly Father, I come before you proclaiming that you are (goodness, compassion, love etc)". Remember, this is not Thanksgiving, stay focused on the character of God: who He is.

Silent confession (3 mins)

For example "Father, you tell us that you know everything and that nothing is hidden from you. You tell us if our heart does not condemn us, we have confidence before you; and whatever we ask we receive from you. Therefore, Father, search my heart as I share with you my sorrow for what I did wrong or failed to do today..." Name the sin or sins specifically, anything not right with God or your neighbour. Repent. Thank God for the forgiveness of the sin. Ask to be guided by the Holy Spirit.

Thanksgiving (3 mins)

"Father, I thank you not only for the forgiveness of my sins, but for so many other wonderful things that you have done." Thanksgiving only, no requests! Name the things for which you are thankful.

Intercession (3 mins)

This is the part of prayer that we are probably more familiar with. We remember the words of Jesus: "ask and you shall receive". Here you place your requests before God.

Prayer Calendar for Lent

Join with us in praying for the following intercessions which will be remembered in our daily Masses this week.

Monday: For parish volunteers and committees

Tuesday: For young people in South America

Wednesday: That we become more patient

Thursday: For greater Bible study

Friday: For the local TEAM shelter

Saturday: For community leaders

Young people and Lent: 12 Mass Challenge

⇒ Go to Mass on the 7 Sundays of Lent and 5 other Masses over the course of the 40 days.

⇒ The "sign up" card is being handed out at all Masses today and available in schools; it can also be downloaded from our parish FB page and website.

Please join in our hymn today

Christ be with me, Christ within me,
Christ before me today.
Christ behind me, Christ to win me,
Christ to guide me on my way.
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.
Christ be near me, Christ above me,
Christ be with me today.

Christ in resting, Christ in rising,
Christ the Lord of my life.
Christ in quiet, Christ in danger,
Christ my shield in the strife.
Christ in ev'ry heart that is broken,
Christ in ev'ry word as it's spoken.
Christ be with me, Christ within me,
Christ before me today.

Parish Finance Committee on Wednesday, 8pm
Parish Liturgy Committee on 20 March, 7.30pm

Best wishes to Anne Kelly who retired this week as Director of Nursing, Regional Hospital Mullingar, a position she held since December 2005. We appreciate Anne's support, courtesy and help throughout her career working in the health service.

Mass intentions next week

Monday: 7.45am: Peter Sean McKeown & family.
10am: Nicholas Purcell. 9.15am: Thomas James, Brigid & Edward Colgan & deceased family.

Tuesday: 7.45am: Thomas & Michael O'Connor.
10am: Philip Muldoon. 7.30pm: James Hoover.

Wednesday: 7.45am: Edward & Rose Hamill.
10am: Frank & Mary Kavanagh, daughters Jane & Mary. 7.30pm: Harry Devine.

Thursday: 10am: Fintan & Niall Cooney.
7.30pm: Patrick McLoughlin.

Friday: 10am: Tony Wiggins & Mary & Bertie.

Saturday: 7.45am: Dempsey family.

10am: Anniversaries Occurring Mass.

Vigil 6pm: Christy Coffey, Belmont, Ballinea (1st Ann) 8.30am: Kevin Collins, Hawthorn Crescent (1st Ann) 11am: Ethel Shanley, Hillside Drive (1st Ann) 10.30am: Kamil Szylar, Ushnagh Court (1st Ann) 12 noon: Margaret Hynes, Dublin Road (1st Ann) Walshestown 9am: Kathleen & Jim McConn. Brotenstown 10am: Thomas, Dymrna & Monica Keena. Gainstown 11am: Catherine, Conor & Finian Clarke.

RIP Joan Dunne, Marlinstown

Patrick Burke, Newlands

Elizabeth (Betty) Bracken, Rhode

William (Billy) Fahy, Athenry

Martina McLoughlin, nee Crawley, Castlereagh
Angela Swords (nee Gavin) late of Robinstown